**Spirit and Truth**

**John 4**

**October 20, 2019**

**Question: How do we worship the Lord well?**

1. True worship must begin with an accurate understanding of who we are, and who God is.
2. True worship must be in Spirit.
3. True worship must be in Truth.

**Going Deeper:**

1. In what ways has my worship of God been lacking in “Spirit” or in “truth”?
2. How is the Lord calling me into a deeper life of worship this week by embracing both of these aspects of worship in balance?

**John 4:1-30** Jesus knew the Pharisees had heard that he was baptizing and making more disciples than John 2 (though Jesus himself didn't baptize them -- his disciples did). 3 So he left Judea and returned to Galilee. 4 He had to go through Samaria on the way. 5 Eventually he came to the Samaritan village of Sychar, near the field that Jacob gave to his son Joseph. 6 Jacob's well was there; and Jesus, tired from the long walk, sat wearily beside the well about noontime.

7 Soon a Samaritan woman came to draw water, and Jesus said to her, "Please give me a drink." 8 He was alone at the time because his disciples had gone into the village to buy some food. 9 The woman was surprised, for Jews refuse to have anything to do with Samaritans.1 She said to Jesus, "You are a Jew, and I am a Samaritan woman. Why are you asking me for a drink?" 10 Jesus replied, "If you only knew the gift God has for you and who you are speaking to, you would ask me, and I would give you living water." 11 "But sir, you don't have a rope or a bucket," she said, "and this well is very deep. Where would you get this living water? 12 And besides, do you think you're greater than our ancestor Jacob, who gave us this well? How can you offer better water than he and his sons and his animals enjoyed?" 13 Jesus replied, "Anyone who drinks this water will soon become thirsty again. 14 But those who drink the water I give will never be thirsty again. It becomes a fresh, bubbling spring within them, giving them eternal life." 15 "Please, sir," the woman said, "give me this water! Then I'll never be thirsty again, and I won't have to come here to get water."

16 "Go and get your husband," Jesus told her. 17 "I don't have a husband," the woman replied. Jesus said, "You're right! You don't have a husband -- 18 for you have had five husbands, and you aren't even married to the man you're living with now. You certainly spoke the truth!" 19 "Sir," the woman said, "you must be a prophet. 20 So tell me, why is it that you Jews insist that Jerusalem is the only place of worship, while we Samaritans claim it is here at Mount Gerizim,1 where our ancestors worshiped?" 21 Jesus replied, "Believe me, dear woman, the time is coming when it will no longer matter whether you worship the Father on this mountain or in Jerusalem. 22 You Samaritans know very little about the one you worship, while we Jews know all about him, for salvation comes through the Jews. 23 But the time is coming -- indeed it's here now -- when true worshipers will worship the Father in spirit and in truth. The Father is looking for those who will worship him that way. 24 For God is Spirit, so those who worship him must worship in spirit and in truth." 25 The woman said, "I know the Messiah is coming -- the one who is called Christ. When he comes, he will explain everything to us." 26 Then Jesus told her, "I Am the Messiah!" 27 Just then his disciples came back. They were shocked to find him talking to a woman, but none of them had the nerve to ask, "What do you want with her?" or "Why are you talking to her?" 28 The woman left her water jar beside the well and ran back to the village, telling everyone, 29 "Come and see a man who told me everything I ever did! Could he possibly be the Messiah?" 30 So the people came streaming from the village to see him.